Parenting Today

List of items by domain

June 6, 2025

Parenting Today

Australia's largest national parenting survey

Acronyms used in questions

ABS	Australian Bureau of Statistics
ACCP	Australian Centre for Child Protection
ACMS	Australian Child Maltreatment Study
ADHD	Attention Deficit Hyperactivity Disorder
ARACY	Australian Research Alliance for Children and Youth
CP	Child Protective Services
EAC	Emotions as a Child Scale – Parent Version
GAPS	Guilt About Parenting Scale
GP	General Practitioner
HILDA	Household, Income and Labour Dynamics in Australia Survey
ICD-11	International Classification of Diseases 11th Revision
K6	Kessler 6 item scale of psychological distress
LSAC	Longitudinal Study of Australian Children
MaaPs-SF	Me as a Parent Scale-Short Form
MRFF	Medical Research Future Fund
NA	Not applicable
NDIS	National Disability Insurance Scheme
NSW	New South Wales
NT	Northern Territory
OECD	Organisation for Economic Co-operation and Development
PAFRA	Parenting and Family Research Alliance
PhD	Doctorate of Philosophy
PTIV-EX	Parenting Today in Victoria Extension Study
QLD	Queensland
RCN	Raising Children Network
TAFE	Technical and Further Education
TAS	Tasmania
TIK	Tuning into Kids parenting program
VET	Vocational Education and Training
VIC	Victoria
WA	Western Australia

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SCREENING AND QUOTA ITEMS

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
1	Are you at least 16 years old?	Yes 1 No 2 Refused 97	NA	Asked in 2016, 2019, 2022
2	What is the postcode where you live?		NA	Asked in 2016, 2019, 2022
3	How many children do you have?	Number:	Devised by team	Asked in 2019 Modified 2022
4	How many children aged under 19 years live with you for at least 4 days per week?	Number:	Devised by team	Asked in 2019 Modified 2022
5	Some of the questions in this survey will ask you to think about a particular child. Of the children who live with you for at least 4 days per week, please choose the child whose last birthday is closest to today's date. We would like to give this child a name for the rest of the survey; what name should I use? [Obtain first name – pseudonym is fine] *Note: if the child is of multiple birth (e.g., twin), ask respondent to choose one of the children to focus on for the survey	[Child name]	Devised by team	Asked in 2019 Modified 2022, slight wording change in 2025
6	How old is [child name]?	Number [Age in years, 0 if an infant from birth to 12 months 31 days]	NA	Asked in 2016 and 2019 Modified 2022
7	What gender is [child name]?	Female Male Other (please specify)	NA	Asked in 2019 Modified 2022
8	What is [child name] month and year of birth?	mm/yyyy Refused 99	Devised by team	Asked in 2016, 2019, 2022, slight phrasing change in 2025
9	What is your relationship to [child name]?	Biological mother Biological father Non-biological mother Non-biological father Guardian or foster carer Other (please specify)	Devised by team	Asked in 2016 and 2019 Modified 2022 & 2025

DEMOGRAPHICS AND SOCIAL

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
10	Do you have a partner that lives with you? If yes, go to Q11 If no, go to Q14a.	Yes No	Devised by team	New 2022
11	What is your partner's relationship to [child name]?	Biological mother Biological father Non-biological mother Non-biological father Guardian or foster carer Other (please specify)	Devised by team	New 2022
12	How often do you feel that your partner understands and supports you as a parent?	All of the time Most of the time Occasionally Rarely Never	Adapted from LSAC	Asked in 2016 and 2019 Modified 2022
13	How fair do you think childcare and other aspects of parenting is shared between you and your partner?	Not at all Fair Mostly unfair Mostly fair Very fair	Suggested by Karen Wynter	Added in 2019 Modified 2025
14	Does [child's name] have another parent who does not live with you?	Yes No	Devised by team	Asked in 2016 but not 2019 or 2022 Added back in at 2025
15	How often do you and this other parent of [child's name] agree on how to parent the child?	All of the time Most of the time Occasionally Rarely Never	Devised by team	New to 2025

DEMOGRAPHICS AND SOCIAL

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
16	Does [child's name] have any conditions or disabilities lasting over 6 months, or that might last longer? [select all that apply]	1. No 2. Health or medical conditions (such as seizures, diabetes, asthma, frequent headaches) 3. Intellectual disability or developmental delay 4. Other learning difficulties (such as dyslexia, dyspraxia, , slow progress 5. Sensory or speech conditions (sight, hearing, speech or language difficulties) 6. Physical restrictions (such as limited use of arms or legs) 7. Mental health conditions (such as anxiety or depression) 8. Attention or behavioural problems (such as ADHD or conduct disorder) 9. Autism or Asperger's syndrome 10. Other (specify)	Adapted from ABS questions and ICD-11 categories	Added in 2019 Modified 2022 Phrasing change in 2025 to consolidate 3 questions on child conditions into a single item.
19	What is your age in years?	Number (years)[VALID NUMERIC RANGE: 16 → 99]	Devised by team	Birthdate asked in previous waves Changed from birthdate to age in years for PTIV-EX 2024
20	Do you identify as being of Aboriginal and /or Torres Strait Islander descent?	No Yes Aboriginal Yes Torres Strait Islander Yes both Aboriginal and Torres Strait Islander	LSAC	Asked in 2016, 2019, 2022
21	What is the main language you speak at home? (If multiple, record the main one)	Select the main one: English Vietnamese Cantonese Arabic (or Lebanese) Mandarin Turkish Korean Khmer Spanish Persian Assyrian (or Aramaic) Greek Italian Japanese Aust. Aboriginal Other specify	LSAC	Asked in 2016, 2019, 2022

DEMOGRAPHICS AND SOCIAL

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
22	What are your main work or study activities right now? You can select as many as apply	Select as many as apply: Full-time paid employment Part-time paid employment Casual paid employment Unemployed and seeking work Home duties Full-time student Part-time student Permanently retired On leave from work Volunteer or unpaid work Other	Adapted from LSAC	Asked in 2016, 2019, 2022
23	What is the highest education level you have completed?	Select one: Year 9 or below Up to Year 10 or equivalent Year 11 or equivalent Year 12 or equivalent Vocational qualification (e.g., apprenticeship, trade, certificate) through a TAFE or college Diploma Bachelor Degree Postgraduate degree (PhD, Masters, Post-grad diploma) Other	Adapted from LSAC	Asked in 2016, 2019, 2022
24	Before income tax is deducted (so gross income), what is your household's total income? Include all adults who live in your home at least four days a week. This includes income from work, investments, and government benefits or allowances (like carer allowance).	Select one: Less than $500pw ($25,999 or less per year) $500 - $999pw ($26,000 - $51,999 yearly) $1000 - $1,499pw ($52,000 - $77,948 yearly) $1,500 - $1,999pw ($78,000 - $103,948 yearly) $2,000 - $2,499pw ($104,000 - $129,948 yearly) $2,500 - $2,999pw ($130,000 - $155,948 yearly) $3,000 - $3,499pw ($156,000 - $181,948 yearly) Over $3,500pw (more than $182,000 yearly) Don't know Prefer not to answer	Adapted from LSAC	Asked in 2016, 2019, 2022 Minor modifications PTIV-EX 2024, 2025

DEMOGRAPHICS AND SOCIAL

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
25	[For this item, check as many as apply] Does your child attend (0-5 years): Skip logic by state. NSW Centre based childcare Family daycare Preschool Prep First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify) VIC Centre based childcare Family daycare Three-year-old kindergarten Four-year-old kindergarten First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify) QLD Centre based childcare Family day care Kindy/Kindergarten First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify) WA Centre based childcare Family day care Kindy/Kindergarten First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify)	a. Centre based childcare b. Family daycare c. Three-year old early childhood education d. Four-year old early childhood education e. Primary school f. Specialist school g. My child is home-schooled h. Distance education i. Playgroup j. Secondary school k. Part time work l. Full time work m. VET or TAFE n. University o. Apprenticeship p. Other (specify) q. Don’t know	Devised by team	Asked in 2016 and 2019 Modified 2022, PTIV-EX 2024, and 2025 e.g removed kinder and added home schooling

DEMOGRAPHICS AND SOCIAL

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
25 cont.	SA Centre based childcare Family day care Preschool First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify) TAS Centre based childcare Family day care Preschool First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify) ACT Centre based childcare Family day care Preschool First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify) NT Centre based childcare Family day care Preschool First year of compulsory schooling My child is home-schooled Playgroup None Other (please specify)			

DEMOGRAPHICS AND SOCIAL

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
25 cont.	[for all – no skip logic here] (6-13 years of age) • Primary school • Secondary school • Specialist school • My child is home-schooled • Distance education • Other (14 to 18 years of age) • Secondary school • Specialist school • My child is home-schooled • Distance education • Part time work • Full time work • VET or TAFE • University • Apprenticeship • Other			
26	[skip logic – if they selected 'Playgroup' at Q25, ask] What type of playgroup is this? • Community Playgroup • Supported Playgroup • Unsure	Community Playgroup Supported Playgroup Unsure	Devised by team	New in 2025

PARENTING EXPERIENCE

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
27	On a scale of 1-5 where 1 is not at all and 5 is extremely, how much do the following three statements describe your experience as a parent in the last 6 weeks? Parenting is frustrating	1. Not at all 2. Slightly 3. Moderately 4. Very 5. Extremely	Devised by team	Added in 2019
28	Parenting is demanding	1. Not at all 2. Slightly 3. Moderately 4. Very 5. Extremely	Adapted from Sanders et al., 1999	Added in 2019
29	Parenting is rewarding	1. Not at all 2. Slightly 3. Moderately 4. Very 5. Extremely	Adapted from Sanders et al., 1999	Added in 2019
30	On a scale of 1-5 where 1 is strongly disagree and 5 is strongly agree, how much do you agree with the following four statements? I have confidence in myself as a parent	1. Strongly disagree 2. Disagree 3. Mixed feelings 4. Agree 5. Strongly Agree	Me as a Parent Scale - SF (MaaPS-SF; Matthews et al., 2022)	Asked in 2016, 2019, 2022
31	I have the skills necessary to be a good parent to my child	1. Strongly disagree 2. Disagree 3. Mixed feelings 4. Agree 5. Strongly Agree	Me as a Parent Scale - SF (MaaPS-SF; Matthews et al., 2022)	Asked in 2016, 2019, 2022
32	I know I am doing a good job as a parent	1. Strongly disagree 2. Disagree 3. Mixed feelings 4. Agree 5. Strongly Agree	Me as a Parent Scale - SF (MaaPS-SF; Matthews et al., 2022)	Asked in 2016, 2019, 2022
33	I can stay focused on the things I need to do as a parent even when I've had an upsetting experience	1. Strongly disagree 2. Disagree 3. Mixed feelings 4. Agree 5. Strongly Agree	Me as a Parent Scale - SF (MaaPS-SF; Matthews et al., 2022)	Asked in 2016, 2019, 2022

PARENTING EXPERIENCE

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
34	For the next three items, I am going to read out a statement and I am asking you to say how much you agree or disagree with the statement. Keep in mind [same child's name] when answering these questions. I wish I did not become impatient so quickly with my child	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Parent Performance -Item 1 (Parent Satisfaction Scale, Guidubaldi & Cleminshaw, 1989)	Asked in 2016, 2019, 2022
35	I wish I were more consistent in my parenting behaviours	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Parent Performance -Item 3 (Parent Satisfaction Scale, Guidubaldi & Cleminshaw, 1989)	Asked in 2016, 2019, 2022
36	I am satisfied with the amount of time I can give to my child	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Parent Performance -Item 10 (Parent Satisfaction Scale, Guidubaldi & Cleminshaw, 1989)	Asked in 2016, 2019, 2022
37	Thinking again about [child's name], how much of a problem are the following common issues for you: Your child's sleep	A large problem A moderate problem A small problem No problem at all Not sure	Adapted from LSAC	Added in 2019 Modified 2022
38	[ask only if child is 2+ years] [Child's name]'s worries, fears or anxieties	A large problem A moderate problem A small problem No problem at all Not sure	Devised by team	New 2022
39	[ask only if child is 6+ years] [Child's name] not attending school	A large problem A moderate problem A small problem No problem at all Not sure	Devised by team	New 2022
40	[ask only if child is 6+ years] [Child's name] being violent or aggressive towards anyone in your family	A large problem A moderate problem A small problem No problem at all Not sure	Devised by team	New 2022 2025 - changed wording to extend from parents only to whole family

PARENTING EXPERIENCE

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
41	[ask only if child is 4+ years] [Child's name] being bullied	A large problem A moderate problem A small problem No problem at all Not sure	Devised by team	New 2022
42	[ask only if child is 4+ years] [Child's name] bullying others	A large problem A moderate problem A small problem No problem at all Not sure	Devised by team	New 2022
43	[ask only if child is 6+ years] [Child's name]'s use of social media (e.g. Tik Tok, Instagram, YouTube)	A large problem A moderate problem A small problem No problem at all Not sure	Devised by team	New 2022 Modified in 2025
44	[skip logic – Ask only if they responded a small, moderate, or large problem for Q37 (sleep)]: Why is [child's name] sleep a concern for you? Select all that apply [multiple responses possible – so is yes/no for each option]	1. Hard to get child to bed at bedtime 2. Child goes to bed too late 3. Takes a long time to fall asleep 4. Nightmare/night terrors 5. Hard to get child out of bed in morning 6. Wakes repeatedly through night 7. Wants to sleep in my room 8. Using electronic devices 9. Bedwetting 10. Other (specify)	Devised by team	Added 2019 Modified 2022

PARENTING EXPERIENCE

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
45	[skip logic – Ask only if responded a small, moderate, or large problem for Q43 (use of social media)]: What concerns you about [child's name] use of social media? Select all that apply [multiple responses possible – so is yes/no for each option]w	1. Time spent on social media getting in the way of activities important for their development and wellbeing (e.g., sleep, homework, exercise 2. Peer pressure and comparison 3. Cyberbullying (being a victim or perpetrator) 4. Exposure to inappropriate or distressing content 5. People behaving in ways that are creepy or inappropriate (e.g., ask your child personal questions, ask them to keep secrets, ask for intimate images) 6. Social media use creates conflict within the family 7. Social media might expose my child to ideas that don't align with my family's values or culture 8. Other (specify)	Devised by team	New 2022 Modified response options in 2025
46	Ask this set of items about school attendance only if target child is 6+years old] How many days of school has [child's name] NOT attended school, during the past 10 school days? School days excludes weekends, public holidays, curriculum or student-free days, and school holidays. [If zero, go to Q44 If 1+, go to Q40]	[Enter no. of days missed school]	Dr Marie Yap & Dr Mairead Cardamone-Breen (Monash Universi-ty)	New to 2025 Based on consultation with Marie Yap & Mairead Cardamone-Breen (Monash Uni)
47	[Ask only if response to Q46 was 1 or more] What was the main reason for [child's name] not attending school over the past 10 days? Please choose the most relevant option. [single choice only] [If responds b or e to this question, go to Q48 If responds any other response, go to Q51]	a. Illness or medical appointments b. \Truancy, that is, missing school without parent permission or knowledge (also referred to as skipping or 'wagging' school). c. Parent concern about the school not meeting child's needs d. School exclusion (such as a suspension) e. Child not able to attend due to fears, anxiety, or emotional distress related to going to school f. Family or parent commitments (such as religious or cultural commitments, family holidays, other family commitments) g. Agree plan with the school (such as a partial attendance plan) h. Other [please specify]	Dr Marie Yap (Monash University)	New to 2025 Based on consultation with Marie Yap & Mairead Cardamone-Breen (Monash Uni)

PARENTING EXPERIENCE

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
48	[If responded b or e to Q47 above ask the next 3 questions] How confident do you feel about supporting [child's name] school attendance?	Not at all confident A little confident Somewhat confident Very confident	Parental Self-Efficacy to Respond to School Refusal Scale (PSES-SR; Cardamone-Breen et al., 2025)	New to 2025 Marie and Mairead requested whole 15-item measure and recommended against using single items, but 15 items too many to add. We selected a few appeared to have good face validity.
49	How confident do you feel about working together with your child's school to respond to their school refusal?	Not at all confident A little confident Somewhat confident Very confident	Parental Self-Efficacy to Respond to School Re-fusal Scale (PSES-SR; Cardamone-Breen et al., 2025)	New to 2025
50	[For this set of items, only ask if focus child age 0-2years] Where does your baby usually sleep at night? (please select one)	a. In his/her own room alone all night b. In my bed all night c. In a bedroom shared with a brother or sister all night d. In a crib next to my bed all night e. In a crib or bed across the room from my bed all night f. In his/her own bed next to my bed all night g. Part of the night in my bed and part of the night in his/her own room h. Other (please describe)	Dr Levita D'Souza (Monash University)	New to 2025
51	Where did your baby sleep last night? (please select one)	a. In his/her own room alone all night b. In my bed all night c. In a bedroom shared with a brother or sister all night d. In a crib next to my bed all night e. In a crib or bed across the room from my bed all night f. In his/her own bed next to my bed all night g. Part of the night in my bed and part of the night in his/her own room h. Other (please describe)	Dr Levita D'Souza (Monash University)	New to 2025
52	How satisfied are you with your baby's current sleep location?	Not at all satisfied Somewhat satisfied Very satisfied	Levita D'Souza (Monash Uni)	New to 2025

PARENTING IN THE DIGITAL AGE

Item No:	Item	Response options	Source	Parenting Today in Victoria year & notes
54	[Next set of three questions only asked if target child is aged under 16 years] From the end of this year new laws will be introduced in Australia setting a new minimum age of 16 years for creating accounts on certain social media platforms. Have you heard about this social media ban for teenagers aged under 16 years?	Yes No Unsure	Prof. Tim Slade (The University of Sydney)	New to 2025
55	How much do you think the ban will help you manage or supervise your child's social media use?	Not at all A little Moderately A lot	Prof. Tim Slade (The University of Sydney) with adaptations by team	New to 2025
56	How much do you think the proposed social media policy will help young people's mental health and wellbeing?	1. The policy will not affect children at all 2. The policy will affect children a little 3. The policy will moderately affect children 4. The policy will affect children considerably 5. The policy will affect children a great deal	Prof. Tim Slade (The University of Sydney) with adaptions by team and eSafety Commissioner	New to 2025
57	[ask only if child is 2+ years] How well do you understand what your child does online? For example, what they are saying to others? What shows or music they are watching or listening to?	Not at all A little Moderately A lot	Devised by team	New to 2025
58	[ask only if child is 2+ years] I have rules about the amount of time my child is allowed to spend on digital devices.	1. Never 2. Hardly ever 3. Sometimes 4. Often 5. Always	Digital Parenting Scale (Ferguson et al., 2025) Item 1 (Regulation subscale)	New to 2025
59	[ask only if child is 2+ years] I join my child in activities on their digital devices.	1. Never 2. Hardly ever 3. Sometimes 4. Often 5. Always	Digital Parenting Scale (Ferguson et al., 2025) Item 16 (Co-use subscale)	New to 2025
60a	[ask only if child is 2+ years] I discuss with my child about appropriate digital behaviours.	1. Never 2. Hardly ever 3. Sometimes 4. Often 5. Always	Digital Parenting Scale (Ferguson et al., 2025) Item 8 (Mediation subscale)	New to 2025

PARENTING IN THE DIGITAL AGE

Item No:	Item	Response options	Source	Parenting Today in Victoria year & notes
60b	[ask only if child is 2+ years] I encourage my child to talk to me if they have any experiences online that make them feel uncomfortable or unsafe	1. Never 2. Hardly ever 3. Sometimes 4. Often 5. Always	Suggested by eSafety	New to 2025
60c	[ask only if child is 2+ years] I use parental controls within devices or apps that my child has access to (such as applying time limits for screen use, blocking access to some content, filtering content)?	1. Never 2. Hardly ever 3. Sometimes 4. Often 5. Always	Suggested by eSafety	New to 2025 (may have had similar item in 2019)

PARENTING PRACTICES

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
61	When my child behaves well, I reward them with praise/a treat/attention	Not at all A little Quite a lot Very much	Parenting and Family Adjustment Scale (Sanders et al., 2014) -Item 6	Asked in 2016, 2019, 2022
62	For this question, think about the last 6 months and whether the statement is true for you. a. I try to talk and reason with my child when they are misbehaving b. I encourage my child to express their feelings in words when they are upset [ask only if child is 2+ years] c. I send my child to quiet time or timeout when they misbehave [For parents with children aged 0 - 12 years] d. I threaten something (e.g., to turn off TV) when my child misbehaves but I don't follow through e. I deliberately ignore my child's minor misbehaviour f. I let my child experience the natural consequences of their actions g. If an example is needed: 'Like if your child neglects to put his/her favourite T-shirt in the washing machine, he/she doesn't get to wear it to his friend's party.' h. I take away a privilege or something my child likes if they misbehave	Yes, No	Devised by team (items a, b, f, g) Adapted from International Parenting Survey (Morawska, Heinrichs, & Sanders, 2011) (items c, e) Parenting and Family Adjustment Scale (Sanders et al., 2014) -Item 4 (item d)	New 2022 Adapted instructions, collapsed 7 separate items as one question and changed response options from 4-point scale (Not at all, A little, Quite a lot, Very much) to Yes/No
63	[Ask only if target child is 2+ years] Have you ever insulted or humiliated [this child] or called them hurtful names?	Yes No	Adapted from Australian Child Maltreatment Study (ACMS) items Suggested by Amy Morgan (MRFF Emotional Abuse project) Adapted from Juvenile Victimization Questionnaire (Finkelhor et al., 2005)	New to 2025
64	[Ask only if target child is 2+ years] Have you ever told [this child] you hated them, didn't love then or wished they were dead or have never been born?	Yes No	Adapted from ACMS Suggested by Amy Morgan (MRFF Emotional Abuse project) Adapted from the Juvenile Victimization Questionnaire (Finkelhor et al., 2005)	New to 2025
65	[Ask only if target child is 2+ years] Do you often ignore [this child] or regularly not show them love and affection?	Yes No	Adapted from ACMS Suggested by Amy Morgan (MRFF Emotional Abuse project) Adapted from the Juvenile Victimization Questionnaire (Finkelhor et al., 2005)	New to 2025

PARENTING PRACTICES

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
66	[Skip logic - Ask the next 2 questions only of parents whose target child is 10+ years] Thinking about your interactions with this child when they were younger, to what extent do you agree with the following statements When my child was angry, I did not pay attention to her/ his anger	1. Never 2. Hardly ever 3. Sometimes 4. Fairly often 5. Very often	Emotions as a Child Scale – Parent Version (EAC; O'Neal & Magai, 2005). Emotion-Dismissing Items (Sadness/Anger subscales). Suggested by Prof. Sophie Havighurst (TIK, PAFRA)	New to 2025
67	When my child was fearful, I told them not to worry/there is nothing to worry about	1. Never 2. Hardly ever 3. Sometimes 4. Fairly often 5. Very often	Emotions as a Child Scale – Parent Version (EAC; O'Neal & Magai, 2005). Emotion-Dismissing Items (Sadness/Anger subscales). Suggested by Prof. Sophie Havighurst (TIK, PAFRA)	New to 2025
68	I smack my child when they misbehave	Not at all A little Quite a lot Very much	Parenting and Family Adjustment Scale -Item 9	Asked in 2016, 2019, 2022
69	Do you believe that to properly raise a child it is necessary to use physical punishment?	Yes No	ACMS – intentionally dichotomous (Haslam et al., 2023)	New in 2025
70	I argue with or yell at my child about their behaviour or attitude	Not at all A little Quite a lot Very much	Parenting and Family Adjustment Scale (Sanders et al., 2014) -Item 10	Asked in 2016, 2019, 2022
71	[For primary school aged and below: 0-12 years] In the last week, on how many days did you or another member of your family, spend some time reading to [child name]?	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days	Australian Bureau of Statistics (ABS)	Asked in 2016, 2019, 2022

PARENT WELLBEING

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
72	In general how would you rate your physical health? Please choose one: excellent, very good, good, fair, or poor.	Excellent Very Good Good Fair Poor	Devised by team	Asked in 2016, 2019, 2022 Wording changed slightly in 2025
73	Do you have a disability or condition that restricts your everyday activities and has lasted or is likely to last 6 months or more? (Select as many as apply)	1. No 2. Learning and understanding (e.g., intellectual disability, head injury) 3. Sensory or speech conditions (sight, hearing, speech) 4. Physical restrictions (e.g., epilepsy, limited use of arms or legs) 5. Mental health conditions (e.g., anxiety, depression) 6. Neurodivergent conditions (e.g., Autism, ADHD) 7. Other (specify)	Adapted from ABS	New to 2025 Modified from PTIV-EX 2024
74	The following questions are about how you have been feeling during the past 30 days. During the past 30 days, about how often did you feel... nervous	All of the time Most of the time Some of the time A little of the time None of the time	K6 (Kessler, 2002)	Asked in 2016, 2019, 2022
75	During the past 30 days, about how often did you feel... hopeless?	All of the time Most of the time Some of the time A little of the time None of the time	K6 (Kessler, 2002)	Asked in 2016, 2019, 2022
76	During the past 30 days, about how often did you feel... restless or fidgety?	All of the time Most of the time Some of the time A little of the time None of the time	K6 (Kessler, 2002)	Asked in 2016, 2019, 2022
77	During the past 30 days, about how often did you feel... so depressed that nothing could cheer you up?	All of the time Most of the time Some of the time A little of the time None of the time	K6 (Kessler, 2002)	Asked in 2016, 2019, 2022

PARENT WELLBEING

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
78	During the past 30 days, about how often did you feel... That everything was an effort?	All of the time Most of the time Some of the time A little of the time None of the time	K6 (Kessler, 2002)	Asked in 2016, 2019, 2022
79	During the past 30 days, about how often did you feel... worthless?	All of the time Most of the time Some of the time A little of the time None of the time	K6 (Kessler, 2002)	Asked in 2016, 2019, 2022
80	I regularly do things for myself that help me relax and re-charge.	Strongly disagree Disagree Mixed Feelings Agree Strongly agree	Devised by team	Added in 2019
81	Tiredness gets in the way of being the parent I would like to be	Strongly disagree Disagree Mixed Feelings Agree Strongly agree	Devised by team	Added in 2019
82	I forgive myself when I make mistakes as a parent	Strongly disagree Disagree Mixed Feelings Agree Strongly agree	Devised by team	New 2022
83	In relation to my parenting I often feel a sense of guilt, or like I should have behaved differently	Strongly disagree Disagree Mixed Feelings Agree Strongly agree	Adapted from The Shame and Guilt Scale (Orth et al., 2006)	New in PTIV Ext and 2025 But in 2022 we asked a single question about guilt or shame.
84	I often worry I am not as good a parent as I should be	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree Strongly agree	The Guilt About Parenting Scale (GAPS; Haslam & Finch, 2016; Haslam, et al., 2019)	New to 2025 To replace the one guilt and shame item used in 2022 Previous items used in 2019: 'I am often hard on myself for not being the kind of parent I really want to be'

PARENT WELLBEING

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
85	[Ask only if parent indicated they work part or full-time at Q22] My work is flexible enough so that I can fulfil my responsibilities as a parent	Strongly disagree Disagree Mixed Feelings Agree Strongly agree	Devised by team	Added 2019 Modified 2022 Modified again 2025
86	[Ask only if parent indicated they work part or full-time at Q22] My work prevents me spending sufficient quality time with my family	Strongly disagree Disagree Mixed Feelings Agree Strongly agree	Work-Family Conflict Scale (Haslam et al., 2015)	New 2022 This designed as a 7-point scale but for alignment with other PTIV items we used a 5-point scale.
87	How often do you feel lonely?	Often or always Some of the time Occasionally Hardly ever Never	UK Community Life Survey (McNamara et al., 2021)	New in 2025

PARENT SUPPORT

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
88	How much do you agree with the next few statements? If I was having problems in my life, there is someone I trust, who I could turn to for advice.	Strongly disagree Disagree Unsure Agree Strongly Agree	Devised by team	Asked in 2016, 2019, 2022 Slight rewording to intro text in 2025
89	My family are the people I turn to first when I am looking for help and support in raising [child name]	Strongly disagree Disagree Unsure Agree Strongly Agree	Devised by team	Asked in 2016, 2019, 2022
90	I am confident I would know if my child was developing a mental health problem	Strongly disagree Disagree Unsure Agree Strongly Agree	Devised by team	New 2022
91	If I needed professional help with my child's behavioural or emotional problems (such as temper tantrums, breaking rules, worries, fears, anxiety, depression) I know where to go	Strongly disagree Disagree Unsure Agree Strongly Agree	Devised by team	Combined from two separate items in 2022 to one item for PTIV Ext
62	Other than family, have you turned to any of the following for parenting information over the past 12 months? [check as many as apply] a. Reading books b. Newspaper articles/radio/TV c. Accessing information online d. Participated in a Triple P program e. Participated in a Tuning into Kids program f. Participated in any other in-person parenting education program, parent training, or seminar g. Participated in any other online parenting education program, parent training, or seminar h. A GP i. Another type of health professional such as a family or child health nurse, community health worker, social worker, speech pathologist or psychologist j. a family services worker (e.g., at Anglicare, Uniting, CentaCare, etc)	Yes/No for each	Devised by team	Some modifications in 2025 based on revisions made in PTIV-EX 2024, and feedback from other jurisdictions. Includes: 'family and domestic violence services' - ACCP 'Kinder' removed – replaced with 'early childhood education' to be more generic across different states and territories) Included additional options included in PTIV-EXT, (e.g., family services, CP, foster/kinship carer) Parent networks & advocacy services (ARACY)

PARENT SUPPORT

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
92 cont	k. Child protection or child safety worker or case manager l. Family and domestic violence services m. Telephone help line n. Community leader such as an Elder or religious leader o. childcare, early childhood education or school staff, teachers or principal p. First time parent group or Mothers Group/Father's Group q. Friends or other parents r. Foster or kinship carer of my child/children s. A peer support group for parents of children with disability (e.g., MyTime) t. Any other parent support group or parent network u. an advocacy service v. Playgroup w. Something/someone else (please specify) 99. None [EXCLUSIVE]			
93	[If yes to 92c ('online')] Which of the following sources of online information have you used? (choose as many as apply) a. A parenting app (e.g., Raising Healthy Minds) b. Webinar c. Podcast d. Child health website e. Parenting information website f. Blog g. Social media platforms (such as Facebook, X, YouTube, Instagram, Tik Tok, Snapchat, Twitch, Reddit) h. Messaging services (such as Discord, email, text messaging, Whatsapp) i. AI chatbots (such as ChatGPT, Google Gemini) j. Other: please specify...	Yes No	Devised by team Suggested by eSafety Commissioner	New 2022 Modifications PTIV-Ex 2024 and 2025

PARENT SUPPORT

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
94	[If yes to 92c ('online')] Which of the following factors influence your choices about the information you access online? (choose as many as apply) a. If I can find it on social media b. If the information is delivered via video c. If the information is written d. Convenience e. It appears in my feed f. Created by another parent g. Created by a credible organisation h. Created by a properly qualified professional i. Created by someone who you can relate to because they have a similar cultural, ethnic or religious background j. From an Australian source k. It has been 'verified' (e.g. a blue tick on Instagram) l. Other: please specify...	Yes No	Devised by team	New 2022 Modified 2025
95	How confident are you in social media as a reliable place to go for parenting information?	Very confident Somewhat confident Mixed feelings Not at all confident	Devised by team	New in 2025
96	[If no to Q92d, e, f and g, that is, not accessed a program] Are you aware of any parenting programs that are available to you to access?	Yes No	Devised by team	New 2022 Modified in 2025
97	[If yes to Q92h or Q92i, that is accessed a GP or other health professional]: For the next two questions, how much do you agree with the following statements. Mark your answer from 1(strongly disagree) to 5 (strongly agree). When you got advice from a GP or a health professional... I was satisfied with the help offered	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Devised by team	Asked in 2016 Modified in 2019 Modified 2022 (context of item) Modified phrasing in 2025
98	I felt judged, blamed or criticised in my interactions with this/these professionals	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Devised by team	Asked in 2016 Modified in 2019 Modified 2022 (context of item)
99	How likely is it that you will participate in a parenting program in the future?	Not at all likely Somewhat likely Very Likely Extremely Likely	International Parenting Survey (Morawska, et al., 2011)	New 2022

PARENT SUPPORT

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
100	In the past, did you wish to attend a parenting program, but you felt there were barriers that prevented you attending?	1. Yes 2. No	Devised by team	New to 2025 PTIV-EX 2024
101	[If yes to Q100]: What were the barriers? (select as many as apply)	1. Did not have reliable internet access for online program 2. Could not afford program cost 3. Could not access/afford travel to program location 4. Program offered at inconvenient time 5. Program offered at inconvenient location 6. Did not have time due to carer responsibilities 7. Did not have time due to paid work responsibilities 8. My own mental health/distress 9. Needed to focus on other issue of concern (such as financial stress, making ends meet, finding housing) 10. Did not feel welcome or that the program was aimed at me 11. I was worried my parenting would be judged 12. Other (please note)	Devised by team	New to 2025 PTIV-EX 2024
102	Is anyone in your household receiving support from NDIS? [If Yes, go to Q103] [If no, go to Q106]	Yes No Unsure	Devised by team	New to 2025
103	Who is the NDIS package for? (select all that apply)	a. Self b. Focus child c. Other child in family d. Other (specify)	Devised by team	New to 2025
104	Is this NDIS funding used for building <u>your own</u> parenting confidence or skills in meeting your child/ren's needs?	Yes No Unsure	Devised by team	New to 2025RE NDIS 5.
105	[If respond b, c to Q103 above (i.e., support is for child/ren)] Who is present when your child/ren receive NDIS funded services (select all that apply)	a. Just my child and the NDIS provider, professional or therapist b. My child/ren, the provider and myself or my child/ren's other parent c. Our whole family and the provider d. Other (specify)		New to 2025

PARENT SUPPORT

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
106	Have you heard of, or have you used the Raising Children Network website (raisingchildren.net.au)?	1. No, never heard of 2. Heard of but never used 3. Yes, have used Raising Children Network website	Devised by team	Asked in 2016, 2019, 2022
107	[If answered '3' (yes, used RCN) to Q106] Did you plan to do anything different based on the information you found on the Raising Children Network website?	Yes No Unsure	Devised by team	New 2025
108	[Ask only if child aged 0-6 years] What sources have you used for information about your child's development? Select all that apply	Websites AI chatbots (such as ChatGPT) Apps (such as the Early Years SA app, Raising Healthy Minds app) Infant Health Record (sometimes called the 'Blue Book', 'Green Book', etc) Books A child and family health service Telephone helpline (such as 'Parentline', Parent Helpline, Maternal and Child Health Line) Child Health and Development Checks Parenting programs or seminars Your child's educators (such as at childcare, playgroup or preschool) Family Friends Parent groups, Mothers groups or Fathers groups Social media (such as TikTok) TV, radio or newspapers Other (Specify)	Adapted from Organisation for Economic Co-operation and Development (OECD) parent survey	New in 2025
109	[Ask only if child attends childcare or school at Q25 – different for each state see skip-logic] Thinking about your child's care or education outside of home, how much do you agree with the next few statements. I am satisfied with the way the [as relevant] child education and care provider or school communicates with me	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Adapted from KidsMatter Survey - Item 2	Asked in 2016 and 2019 Modified 2022 and in 2025
110	[Ask only if child attends childcare or school at Q25 – different for each state see skip-logic] I feel welcome at the place my child attends	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Devised by team	Added in 2019 Modified 2022 (Early childcare changed to childcare)

PARENT SUPPORT

Item No	Item	Response options	Source	Parenting Today in Victoria year & notes
111	[Ask only if child attends childcare or school at Q25 – different for each state see skip-logic] I feel comfortable talking to carers or educators about my child	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Adapted from KidsMatter Survey - Item 3	Asked in 2016 and 2019 Modified 2022
112	[Ask only if child attends childcare at Q25] I feel my child benefits from attending an early childhood education and care program	Strongly disagree Disagree Mixed feelings Agree Strongly Agree	Suggested by South Australian Government and adapted from OECD parent survey	New in 2025

ENVIRONMENTAL AND SOCIAL IMPACTS

Item No:	Item	Response options	Source	Year introduced & notes
113	In the last month, because of money pressure did you miss or put off any of these [select all that apply]	1. Mortgage or rent payments 2. Paying electricity, gas, water, bills 3. Buying food 4. Paying for health care 5. Buying prescription medicines 6. Paying home or car insurance 7. Paying mobile phone bills 8. Paying for internet 9. Paying for childcare/kinder and school/ education costs 10. Paying fines or other debt (such as credit card debt)	Items 1-8 from Royal Children's Hospital National Health Poll (Price et al., 2024) and adapted from HILDA (Watson & Wooden, 2012) Item 9 suggested by Victorian Department of Education Item 10 devised by team Bryson et al. (2021)	New 2025
114	Could you raise $2,000 within a week for an emergency or other important reason?	Not at all likely Somewhat likely Very Likely Extremely Likely	Suggested by Department of Families, Fairness and Housing, Victorian Government	New to 2025
115	Have you used cost-of-living supports in last 12 months? This might include financial support to help you pay for childcare or your child's education costs, or other financial supports.	Yes No Unsure	Suggested by Department of Families, Fairness and Housing, Victorian Government	New to 2025
116	How much do you agree with the following 6 statements? My neighbourhood has all the services that make it easier to raise a family (such as childcare, GP, youth centre).	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree	Devised by team with input from Dr Karen Villanueva and Dr Amanda Alderton (RMIT University)	New 2025
117	Getting to places I need to go without a car, is a hassle.	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree	Devised by team with input from Dr Karen Villanueva and Dr Amanda Alderton (RMIT University)	New 2025
118	It is easy to meet other families in my neighbourhood.	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree	Devised by team with input from Dr Karen Villanueva and Dr Amanda Alderton (RMIT University)	New 2025

ENVIRONMENTAL AND SOCIAL IMPACTS

Item No:	Item	Response options	Source	Year introduced & notes
119	There are good parks, libraries, swimming pools, skate parks, ovals, or other family-friendly places in my neighbourhood.	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree	Devised by team with input from Dr Karen Villanueva and Dr Amanda Alderton (RMIT University)	New 2025
120	My child and I regularly spend time doing activities together outside of our home.	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree	Devised by team with input from Dr Karen Villanueva and Dr Amanda Alderton (RMIT University)	New to 2025
121	I encourage my child to spend time outside.	Strongly disagree Disagree Somewhat disagree Neither agree or disagree Somewhat agree Agree	Devised by team with input from Dr Karen Villanueva and Dr Amanda Alderton (RMIT University)	New to 2025

END OF SURVEY ITEM

SA Item No:	Item	Response options	Source	Year introduced Notes
122	Where did you hear about our survey?	Social media (Facebook, LinkedIn, Instagram, etc) Raising Children Network A friend A professional who works with me News article A newsletter or email I saw a poster on a noticeboard Other (please specify)	Devised by team	New to 2025

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